## Virtual Support Groups – January 2021



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Monday	Tuesday		Wednesday	Thursday	Friday
					In observance of New Years Day, classes are cancelled. Normal programming will resume on Monday, January 4.
4		5	6	7	8
5:30 p.m. 11 Hematology & Blood Disorders Support Group	1 p.m. Caring Souls 5:15 p.m. Caregiver Support Group 5:15 p.m. Patient Support Group 6:30 p.m. Your Bosom Buddies	12	13	14	15
18	1:30 p.m. 1 Metastatic Support Group	19	10:30 a.m.  Neuro Oncology Caregiver Support Group	4 p.m. Life Interrupted. Let's Talk About Navigating the Big C  6:30 p.m. Your Bosom Buddies	22
25	5:15 p.m. Caregiver Support Group  5:15 p.m. Patient Support Group	١	12 noon 27 Young Women's Breast Cancer Support Group	28	29

For support group descriptions and meeting information, please turn the page.



## **Virtual Support Groups**

In an effort to continue engaging and supporting our patients, and caregivers, Miami Cancer Institute is offering virtual support groups via Zoom. If you are interested in joining, please contact the facilitators below.

Caregiver Support Group I 5:15 p.m. I 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month

Contact Annie Garcia-Montes, LCSW at AnnieGM@BaptistHealth.net or call 786-527-7555.

Caring Souls: A group for parents who have lost a child to cancer I 1 p.m. I 2<sup>nd</sup> Tuesday of the month

Contact Mari Lourdes Garcia- Martinez, LCSW at <a href="MariLou@BaptistHealth.net">MariLou@BaptistHealth.net</a>.

Hematology & Blood Disorders Support Group I 5:30 p.m. I 2<sup>nd</sup> Monday of the month

Contact Ezequiel Kuperman, LCSW at <a href="mailto:EzequielK@BaptistHealth.net">EzequielK@BaptistHealth.net</a> or call 786-527-8092.

Life Interrupted. Let's Talk About Navigating the Big C: An Adolescent and Young Adult Survivorship Group I 4 p.m. I 3<sup>rd</sup> Thursday of the month Contact Mari Lourdes Garcia- Martinez, LCSW at MariLou@BaptistHealth.net.

Metastatic Support Group I 1:30 p.m. I 3<sup>rd</sup> Tuesday of every month

Contact Ivonne Torres, LCSW at IvonneT@baptisthealth.net or call 786-527-7874.

Neuro Oncology Caregiver Support Group I 10:30 a.m. I 3<sup>rd</sup> Wednesday of the month

Contact Ivonne Torres, LCSW at IvonneT@baptisthealth.net or call 786-527-7874.

Patient Support Group I 5:15 p.m. I 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month

Contact Rosa Caiseda, LCSW at RosaCai@BaptistHealth.net or call 786-527-8356.

Young Women's Breast Cancer Support Group I 12 noon I 4th Wednesday of the month

Contact Annie Garcia-Montes, LCSW at AnnieGM@BaptistHealth.net or call 786-527-7555.

Your Bosom Buddies I 6:30 p.m. I 2<sup>nd</sup> Tuesday and 3<sup>rd</sup> Thursday of the month

A "been there, done that" sharing and caring group. For more information, call 305-815-0615 or email <a href="mailto:YourBosomBuddies@gmail.com">YourBosomBuddies@gmail.com</a>.

## Resources

Gilda's Club South Florida

Gilda's Club is offering virtual support groups and education. For more information, please visit GildasClubSouthFlorida.org

For more information on virtual programs and support groups, please visit Events.BaptistHealth.net